

# Beginner Razorback Twirler Day 2024

[Beginner Video to Counts \(Twirler has back to you\)](#)

[Beginner Video to Music \(Twirler is facing you\)](#)

## Part 1: Isn't She lovely

- one 8 count - Pose with hands on hip and shake for
- One 8 count when music starts- make a bow with baton under your chin and do a complete circle with your back going clockwise
- One 8 count both hands go straight up from bowed position (baton is cradled) and arms come down to sides in a circle
- 1-4 Arm roll
- 5-8 stand and smile (with pose?)
- 1-4 turn over right shoulder, facing the right side twirl baton in fingers
- 5-8 do a half flip with the baton going away from face
- 1-8 put one baton end on ground holding the other end as you walk a half circle around it making it to the back of the baton
- 1-4 kick your right flag over it (rainbow kick)
- 5,6 kick baton up with your right foot and bring it to you right shoulder
- 7,8 squat pose with baton on right shoulder
- 1,2 with baton at end loop with arm down while kicking left foot
- 3,4 loop baton again while kicking right foot
- 5,6 loop baton again while kicking left foot
- 7,8 loop baton again while kicking right foot
- 5-9 spin while wrapping baton arm around shoulder placing in left hand
- 1-4 pass baton to above head
- 5-8 pass baton between legs bending the left leg (pretty lunge)
- 1-4 pass baton above head
- 5-8 pass baton between legs bending the right leg (pretty lunge)
- 1-8 Roll baton down both arms on 7,8 dead stick toss into air and catch on 8
- 1-6 Turn over right shoulder with big right arm circle to the right side
- 7-8 Squat pose
- 2, 1-8 counts of figure eights (scoop the ice cream)
- 1,2 loop baton in the back
- 3,4 loop baton in the front
- 5,6 pass baton under right leg
- 7,8 bring baton back to bow position under chin
- Pose

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## Part 2: Signed Sealed Delivered

- Stay in posed position from end of the first song
  - 1-8 right arm circle (baton is cradled) left arm stays out straight in a T
  - 1-4 left arm circle
  - 5,6 both arm circle to T
  - 7,8 Spin around turning over left shoulder and bring both arms up then push them down till facing the front
  - 1-4 clean staying to the front
  - 5,6 kick leg up in air bringing down on 7,8
  - 1,4 cute pose with left arm under face
  - 5-8 run to partner
  - 1-2 face partner
  - 3-6 pass baton to partner
  - 7,8,1,4 push arm down spin back to facing partner
  - 3-6 pass baton to your partner
  - 7,8 high five your partner
  - 1-8 move back to original spot
  - 1-4 clean to the front
  - 5-8 step left leg forward pivoting to the back with right arm down to the ground and back up (think hitting golf ball motion)
  - 1-4 squat pose to the back with left arm on head and right arm angled up
  - 5-8 Left leg forward pivoting to the front with arms in a bow position under your chin
  - 1-4 baton in right hand push forward (keeping baton horizontal), with your left leg turned out on right knee
  - 5-8 Turning to the back over your left shoulder bringing baton back into bow position under chin
  - 1-8 squat slightly while shaking hips back and forth
  - 1-8 FIRST GROUP will do horizontals in their right hand while moving forward while second group will stand still in poze smiling to audience. on 5-8 they will do a horizontal flip then catch
  - 1-8 SECOND GROUP will do horizontals in their right hand while moving forward while first group will stand still in poze smiling to audience. On 5-8 they will do a horizontal flip then catch
- The feet for this part with counts is:
- 1 step left
  - 2 tap right foot to the side
  - 3 step right

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- 4 tap left foot to the side
  - 5 step left
  - 6 tap right foot to the side
  - 7 step right
  - 8 tap left to the side then bring feet together in second position
- 1-8 run to pose position (we will set this on the day you join us!)
  - 1-8 pose big for parents and smile!